



# **Bewdley Rowing Club Regatta 2019**

## **Health & Safety Plan**



# Bewdley Rowing Club<sup>2015</sup>

Riverside North, Bewdley, Worcestershire, DY12 1AB tel: 01299 402899

[www.bewdleyrc.co.uk](http://www.bewdleyrc.co.uk)

## Annual Regatta Safety Plan

### Vehicle and Trailer Access

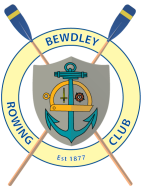
- Access to the trailer park is via Riverside North, approached from the river bridge. The access is controlled by marshals. Only vehicles towing trailers or carrying boats on roof racks will be allowed to access the trailer park.
- Umpires will use parking at Bridge House, accessed from Riverside North.
- Competitors/Officials who are camping will access the camping area via Riverside North. Please keep vehicle movements to an absolute minimum.
- All vehicles using Riverside North must proceed with great care, taking note of the speed humps in the road, not exceeding 5mph and being aware of the large numbers of pedestrians using the road
- There is no parking for other vehicles at the Club. A park and walk option is located at Bewdley High School on Stourport road other than this cars should be parked in the town pay and display car parks. Long stay parking is provided in Gardeners Meadow Car Park, accessed via Severnside South. There is no on-street parking in Bewdley town centre.
- In the event of an emergency, marshals shall direct the use of Riverside North and all users are asked to obey their instructions. Emergency vehicles shall have absolute priority over all other users. The road shall remain closed to all users for the duration of the emergency, except where it is need for safe evacuation.

### Circulation Pattern

- The circulation pattern for water users is available for all crews on the Regatta Website. A copy is posted in the Boathouse.
- All crews are required to observe the circulation pattern at all times.
- There is no use of the water at any time except for the purposes of racing under the supervision of marshals and umpires. There is no water practice facility.
- Crews should act upon the instructions of Landing Stage Marshals promptly

### Points of Danger

- The Race Committee will assess the safety and condition of water levels on the day prior to racing, on the mornings of racing and during racing.
- In the event of low water, shallows will be buoyed and will be marked by booms. The attention of crews/coxes will be drawn to the shallows above the start, at the Gasworks, those opposite the clubhouse and those above the ford beyond the bridge.
- Other river users will be alerted to the regatta. Racing will be suspended to allow safe passage of such users. The local canoe hirers have been alerted to the date of the regatta.
- As shown on the circulation pattern, passage through the bridge is via the centre arch only. Boats moving downstream have priority at all times.



- Marshals will control passage of boats through the bridge. Their instructions must be acted upon promptly by all crews.

### **Safety Boats**

- Water safety, including safety boats, is provided by BRC and Trimpley Sailing Club.
- Safety boats will be positioned at the start and finish of the course
- All safety boats will have a plate stating the maximum carrying weight
- All safety boats will be equipped with a minimum of First Aid kit, Loudhailer, Bailer, Paddle, Rescue tube, Rope, Boathook, Throw/grab line, Tool Kit, Safety knife, Life jackets. Safety boats will be in radio communication with marshals, umpires and race control.

### **First Aid**

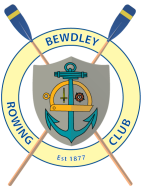
- First Aid is provided by 365 Medical Services located adjacent to Race Control.

### **Safety Equipment**

- Throw/grab lines are located in the Boathouse and at all Umpire points
- All marshals and umpires are in radio contact with Race Control and the Safety Boats
- Marshals controlling the crews are equipped with loudhailers
- Spare batteries and spare radios provided at Clubhouse
- Land-line telephones are available in the Clubhouse and Boathouse
- Space blankets are kept in the Boathouse, to be used in cases of cold water immersion

### **Cancellation/Suspension of Racing**

- Cancellation/suspension of racing is controlled by the Race Committee
- Junior racing to be considered for suspension if water levels are above the first narrow step and rising
- 1x, 2x and 2- racing will be considered for suspension if water is above the second narrow step and rising
- If water is above the third narrow step and rising, then the Race Committee will consider suspension of all racing
- The Race Committee will consider suspension of all racing if crews cannot row the buoyed course without potential damage to boats/equipment
- Racing shall be suspended if other water users are on the course. Marshals above the start or below the finish will contact Race Control by radio
- Racing shall be suspended on the order of any Official if thunder follows lightning within 30 seconds. All competitors, officials, spectators to be guided to safe shelter by marshals. Safe shelter is provided in the Clubhouse, Boathouse, Gym and Changing Rooms. Shelter should not be sought in tents, marquees, under the canopy of the Clubhouse or under trees. Campers should seek shelter in any of the designated safe places or inside their vehicle.
- Racing shall be suspended in the event of any accident, injury or illness on the water. Any official, marshal, umpire or safety boat shall communicate the need for suspension



immediately to Race Control. Racing shall only be restarted once the injured party has been returned to shore at the Club steps.

### **Medical Support Arrangements**

- All injuries shall be treated in the first instance by 365 Medical Services at the First Aid Post.
- First Aiders to decide on further treatment
- Fire, Police, Ambulance can be contacted on 999
- Doctor can be contacted on 01299 402157 or 01299 403374
- In the event of an accident/injury requiring Accident and Emergency, the injured party should be taken for assessment to Kidderminster Hospital, Minor Injuries Department, Bewdley Road, Kidderminster
- The local Ambulance and Police services will be informed in advance that the regatta is taking place

### **Marshalling Instructions and Control**

- Circulation patterns are forwarded to all crews through the Regatta Website prior to the regatta. The circulation pattern is also posted in the Boathouse
- Crews shall pair up in the trailer park
- In the event of hot weather crews should be reminded at pairing up to ensure they are wearing sun protection and/or keeping covered up as they may be waiting some time to boat on
- Crews will be marshalled into the boat-checking area in their pairs. Boats and equipment will be checked by officials. Coxes must wear life jackets and their understanding of operation will be checked by officials
- Blades should only be left on the Club steps, prior to racing, in the racks provided
- Marshals with loudhailers will instruct crews when to approach the boating area
- Marshals with loudhailers will instruct crews when it is safe to cross the course to the town bank in order to proceed to the start. No crew should cross the course without the instruction of the marshal on the steps
- No race-pace or start practice is allowed on the river at any time
- Marshals and umpires shall ensure that crews proceeding to the start are aware of racing crews and are in a safe position on the town bank
- Marshals above the start shall keep crews in their pairs and in a safe position above the start
- Racing shall be controlled by The Race Committee, Race Control, Umpires and Officials. Crews must respond immediately to any instruction from any of the above named.
- Marshals below the finish shall ensure safe passage of crews back to the Club Steps. Crews passing through the bridge must use the centre arch. Crews rowing downstream have priority through the bridge. Passage through the bridge will be controlled by Marshals. Crews should be aware of the ford below the bridge and in no circumstances should crews attempt to cross the ford
- Crews returning to the Club steps should vacate the area as quickly as possible, taking instructions from the marshals. Blades should not be left on the steps

### **Warm-up/Cool-down**



- The Gym is available for crews to warm-up and cool-down
- Crews may only warm-up and cool-down on the water as they proceed to the start and return from the finish. Attention is drawn to the instruction that no race-pace or start practice is allowed at any time

### **Racking and Boat Storage**

- Boats are to be stored in the trailer field only. There is no storage provided in the Boathouse or Club area. Boats should not be stored in the camping field except on the roof of a vehicle
- Blades should be stored with trailers. Racking on the club steps is only to be used for storing blades immediately prior to racing

### **Launching and Landing Provision**

- Boats may only be launched and landed from the Club steps, under the instructions of marshals
- Boats may not be launched or landed at any other site whatsoever
- Only members with a power boat qualification level 1 will be able to operate the launch, keys will only be issued to authorised persons.

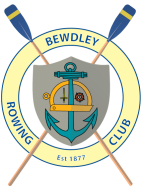
### **Emergency Action Plan**

- In the event of an emergency, all regatta users shall obey the instructions of the Emergency Services, and 365 Medical Services, Regatta Officials and marshals.
- As stated above, Riverside North shall be closed to all users in the event of the Emergency Services requiring access or egress to and from the regatta site, except in the case of an emergency evacuation of the site being instructed.
- In the case of an emergency evacuation of the regatta site, all users should follow the instructions of those listed above. Evacuation routes shall be Riverside North, the riverside path from the site in a northerly direction or through the campsite either onto the riverside path northwards or eastwards onto Northwood Lane via the gate in the boundary fence to the east of the campsite.
- There shall be no return to the regatta site following an evacuation except on the instruction of the Emergency Services or a Regatta Official who has been appraised by the Emergency Services.

### **Welfare Plan**

In accordance with British Rowing guidelines and policies relating to safeguarding, the following welfare plan will be put in place:

- The coaches of junior squads or of adult crews with a junior cox will be responsible for the welfare of all children representing their rowing club.
- As part of the registration process, juniors will be asked to supply the name and mobile phone number of their coach so they can be contacted immediately if any welfare issues arise.



- Coaches of junior crews will be advised to check the men's changing rooms to ensure no adults are using the facility whilst juniors get changed.
- The Bewdley Rowing Club Welfare Officer will wear a clearly marked t-shirt and her contact number will be displayed on signs in prominent positions around the club. She will be contactable from 9am Sat morning to 8pm Sun evening and will remain within less than 10 minutes travel time from the club throughout this time.
- All bar staff will be instructed to ask for ID for any young person attempting to purchase or consume alcohol if they look under the age of 25. The bar areas will display clear signage to this effect.
- The staffing rotas will ensure that throughout the event at least one individual is assigned to 'policing' the consumption of alcohol which has not been purchased on site. This person will also be available to support the welfare officer if it is necessary to approach individuals suspected of underage drinking.

### **Risk Assessment**

- A separate Risk Assessment document is available from the Regatta Secretary and the Health and Safety Officer